

# Creation (Genesis 1) -- Loaves and Fishes Café (Cooking)

## At a Glance

Children will decorate a pre-cooked and cooled cake with things that remind them of the days of creation.

## Outcome Objectives

1. Children will commit the events of each day of creation to memory.
2. Children will connect visually the events of creation.
3. Children will experience the “day of rest” by sharing and enjoying the cake.

## Ingredients and Supplies

Pre-cook a two-layer chocolate cake and stack the layers. Chocolate works best because it is dark and will contrast against the white frosting. (let there be light) The layer cake is needed because the waters above and the waters below need to be seen along the sides.

Day 1- White frosting, “let there be light.” Enough to completely cover the cake.

Day 2- Blue frosting in a decorator bag and tip. “waters above from the waters below”. Decorate around the bottom and top edge of the cake. Make bottom edge look like waves.

Day 3-Green coconut or decorator sugar “dry land appears.” Sprinkle on top of cake.

Day 4-Larger and smaller yellow lollipops for Sun & moon

Day 5-Goldfish crackers or Swedish fish along bottom blue frosting (sea creatures); flattened gum drops, cut to look like “V” (flying bird) placed in top blue frosting.

Day 6- Animal crackers (animals) and gingerbread people, or teddy grahams (people) stuck in the green land.

Milk or Juice

Cups, plates, forks, plastic wrap

## Opening

Unless this is the first week, ask children to recall what happened on the six days of creation and fill them in a 2 column by 3 row grid. Use your Bibles to fill in any details. Remember that a lot of things were created on day 6 – plants, land animals, and people.

## Main Activity

Decorate the cake day by day using the ingredients mentioned above and the explanation of what each ingredient represents.

## Closing

What happened on the seventh day? Read Genesis 2:1-3 together.

Why do you think God rested?

Do you rest every seventh day? Why or why not?

What types of things do you think would be considered resting?

What types of things are just a different type of busy?

Explain what the day of rest meant in ancient Israel and compare that to modern Saturdays or Sundays.

Say that to celebrate our “Sabbath” time of rest, we are going to enjoy this delicious cake. Cut cake into slices for each child, and if it looks like there is enough, wrap up extra to take home.

### **Journaling**

Which day of creation do you like best? Why?

### **To Take Home**

A Day of Rest

Extra cake

### **Adjustments for age levels and abilities**

For younger children, instead of writing words as you review the story, use pictures.

### **If you have extra time...**

Have children identify each of the ingredients on the cake and what they represent BEFORE you eat it.

### **If time runs short...**

Give larger pieces of cake to take home, with instructions to eat it during a quiet place and time to remember the 7<sup>th</sup> day Sabbath.

### **Be creative...**

If you can think of other ingredients that would do a better job of explaining each day’s creation, feel free to use them.